



YOUR

WORDS

CHANGE

LIVES

**WRITE
FOR
RIGHTS**
AMNESTY
INTERNATIONAL 



WRITE A LETTER

SIGN A PETITION

SEND A TWEET

HOW IT WORKS

1

People in **more than 170 countries** and territories take part in all kinds of **events**

2

Writing millions of letters, emails, tweets and signing petitions

3

Supporting people who've been harassed, threatened and jailed, just for who they are

4

Putting pressure on governments, leaders and decision-makers

5

Showing **love and support** for the people and their families

6

And making **change** happen – releasing activists and protecting people who stand up for change

YOUR WORDS

ARE POWERFUL



ACTIVIST FREED IN SAUDI ARABIA

Nassima al-Sada, a campaigner for women's freedom, was arrested in 2018 for peacefully defending human rights. While in jail, guards beat her and banned everyone – even her lawyer – from visiting her. But thanks to supporters worldwide who wrote a massive 777,611 letters, tweets and more, Nassima walked free in June 2021, and is back with her family and friends.

FATHER OF THREE TO BE REUNITED WITH FAMILY

In April 2018, NGO worker and human rights defender Germain Rukuki was found guilty of a slew of sham charges and sentenced to 32 years in prison in Burundi. He was jailed before getting a chance to hold his youngest child, born just weeks after he was taken. His family fled the country for fear of reprisals. On 30 June 2021, Germain was finally freed, and will soon be reunited with his family, thanks in part to the more than 400,000 actions calling for his release.



ONE STEP CLOSER TO JUSTICE IN SOUTH AFRICA



Friends Popi Qwabe and Bongeka Phungula were murdered while heading for a night out in May 2017. Until recently, their families had been distressed by irregularities and delays in the police investigation. However, in March 2021, police revived the case after receiving 341,106 petition signatures from supporters worldwide. The police have completed their investigation and handed over the case to the country's National Prosecuting Authority. "I feel optimistic," said Popi's sister Thembelihle. "I feel like finally, something is about to change."



WRITE A LETTER, CHANGE A LIFE

When even a few people unite behind someone whose rights have been wronged, the results can be amazing.

Twenty years ago, a small group of activists in Poland decided to run a 24-hour letter-writing marathon for 10 December – Human Rights Day. The idea took off and today, Write for Rights has grown into the world's biggest human rights event.

From 2,326 letters in 2001 to 4.5 million letters, tweets, petition signatures and more in 2020, Write for Rights supporters have used the power of their words to unite behind a common purpose – backing people no matter where they are in the world. Together, they've helped transform the lives of more than 100 people over the years, freeing them from torture, harassment or unjust imprisonment.

Knowing they're part of a community this powerful has changed their lives, too. Join in today. Write a letter, change a life – including yours.

TAKE ACTION TODAY

Read about the people we're fighting for: www.amnesty.org/WriteForRights

Contact the Amnesty team in your country: www.amnesty.org/countries

Tweet your support to [@Amnesty](https://twitter.com/Amnesty) using the hashtag #W4R21

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