



WHAT DOES LIVING WITH DIGNITY MEAN TO ME?

**AMNESTY
INTERNATIONAL**



To me,
living with dignity means...

**ALL HUMAN BEINGS ARE BORN FREE
AND EQUAL IN DIGNITY AND RIGHTS**
(Article 1 of the Universal Declaration of Human Rights)

Your DIGNITY
Your RIGHTS
What do they **MEAN** to you?
What are they **WORTH**?
What do they **REPRESENT**?

Dignity is not given, it cannot be taken away. It is yours.
Yet every day world leaders make decisions that deny dignity.
For every home that is demolished, for every mother that dies
during childbirth, for every child that goes to sleep at night
hungry, sick and scared – dignity is denied.

Together, we need to remind world leaders what our dignity means to us.
We need to show them how much it matters and what it is worth.

Tell us what dignity means to you, tell us in words or in pictures.
We will take these messages to world leaders as part of the
“Demand Dignity” campaign.

To find out more about the campaign visit demanddignity.org.

If you would like to find out more about the Demand Dignity campaign add you details here:

Name _____

Email _____

Phone No. _____ Country _____

(These details will not be shared with any third party.)

We would like to scan your message on demanddignity.org to share with other people
around the world who are demanding dignity with you. Are you happy for us to do that?

Yes, I am happy for Amnesty International to add my message to the Demand
Dignity website.